



Announcements

Friends Meeting at Cambridge

Sundays, September 27 and October 4, 2020

NEW LINK for FMC Open Zoom Meetings

[Click this link](#)

If you use an out-of-date link after August 14, you will have to enter passcode 1652.

To participate by phone, call 1-646-558-8656 and provide the Meeting ID 783 475 1861. No passcode is required.

To bookmark access to Open Zoom meetings, copy this link:

<https://us02web.zoom.us/j/7834751861?pwd=Y3VLWGREVjN5OERycGZOdjIwZWUvdz09>

To find an open time for an impromptu gathering consult the Open Zoom calendar at

<https://fmcquaker.org/community-wide-zoom-link-schedule/>

	DATE		EVENT
Fri	25	9:30am	Laughter Yoga. Laughter has been shown to help people feel better both physically and mentally. Anyone can do it. We laugh for no reason at all! Laughter yoga shows us how to stay grounded and to relax and how to keep a positive frame of mind. Come and learn something new with certified Laughter Yoga coach Amy Tighe. Please see Open Zoom info above. Contact: Amy Tighe laughter@fmcquaker.org
		1:30pm	Guided Meditation for Relaxation. Jessica Ronalds, a volunteer on the Pastoral Care Team, invites anyone interested to participate in a time of Guided Meditation for Relaxation. These online sessions will take place on Mondays and Fridays from 1:30-2:30 pm. We will have the opportunity for brief check-ins, share in a guided meditation followed by a time of sharing. Please see Open Zoom info above. Contact: Jan Nisenbaum meditation@fmcquaker.org
Sat	26	6:00pm	Science Fiction & Fantasy Read Aloud Book Group. Join us as we gather to read aloud science fiction and fantasy short stories and discuss. Come with your stories or just come to listen. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 335 209 895 and passcode 398431. Contacts: Jonathan Gilbert/Betsy Roper scififantasy@fmcquaker.org
Sun	27	9:30am	Forum. Members of the Imagining Faithful Structures Working Group will guide our collective worship-sharing as we ponder the query: "What do you yearn for in your spiritual home?" Please see Open Zoom info above. Contact: Patricia Wild forum@fmcquaker.org
		9:30am	Elementary School First Day School. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 838 2538 6231 and passcode 217962. Contact: Greg Woods youthministries@fmcquaker.org
		10:30am	Sunday Morning Meeting for Worship. Please see Open Zoom info above. Contact: Susan Davies careofworship@fmcquaker.org

DATE		EVENT
Sun	27	11:45am Afterthoughts. This is a gathering following Meeting for Worship which offers the opportunity for anyone to ask questions or discuss their experiences in Meeting for Worship. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 873 2175 9327 and passcode 537370. Contact: Michael Shanahan afterthoughts@fmcquaker.org
		11:45am Friendly Fellowship. Join us for a time of virtual informal fellowship with Friends. Depending on the size of the group, we will meet as a whole group or break out into groups. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 875 0263 1484 and passcode 504098. Contact: Ian Harrington fellowship@fmcquaker.org
		5:00pm Sunday Evening Meeting for Worship. Please see Open Zoom info above. Contact: Kim West pmcareofworship@fmcquaker.org
		5:00pm FEMS Poetry Festival Orientation for FEMS and FMC Volunteers. FEMS and FMC volunteers will gather to meet each other and to discuss how to coordinate supporting this year's virtual FEMS Poetry Festival which will take place Thursday, October 1, through Sunday, October 4. Click here to see the full schedule and links for all the FEMS Poetry Festival events including this orientation. Contact: Polly Attwood forj@fmcquaker.org
		7:00pm All Committee Clerks and Conveners Meeting. Email contact person for meeting information. Contact: Jonathan Vogel-Borne clerks@fmcquaker.org
Mon	28	1:30pm Guided Meditation for Relaxation. See 9/25 at 1:30pm for more details. Please see Open Zoom info above. Contact: Jessica Ronalds meditation@fmcquaker.org
		3:00pm Office Operations Committee Meeting. Email contact person for meeting information. Contact: Rick Talkov office-ops@fmcquaker.org
		5:00pm Family Worship Planning Group. All are welcome to join the Family Worship Planning Group as we plan Intergenerational (Family) Worship for Sunday, October 4 (World Quaker Day). Please see Open Zoom info above. Contact: Ian Harrington family-worship@fmcquaker.org
		6:00pm Adoración Compartida en Español. Please join us virtually for this opportunity to worship share with Friends all over the world and to practice Spanish on 2nd and 4th Mondays. People with a basic understanding of the Spanish language will get the most out of this. The document that will be discussed is available here . To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 446 927 038 and password 516251. Contact: Yaniré Zamora-Rodríguez adoración@fmcquaker.org
		7:00pm New Story Group. Join us at 6:30pm for check-ins and reports with the main meeting starting at 7:00pm. We will review the New Story summary to be given on Sunday, October 4, and consider where we want to go this year. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 875 6881 1869 and passcode 101225. Contact: Cornelia Parkes new-story@fmcquaker.org
		7:00pm Young Adult Friends Potluck & Discussion. Monthly virtual potluck for Young Adult Friends (YAF) (18-35ish) to gather for fellowship. Bring your dinner to enjoy on the Zoom call. This month we'll talk about how sexuality, romance, and relationships intersect with your spiritual life. Do they inform each other, and if so, how? We thought it would be nice to take more space to discuss the themes from our last meeting! Expect a gently moderated conversation, i.e., we'll make sure everyone who wants to share something will have space to do so. And, it goes without saying, but of course no pressure to share anything that you don't want to share. To participate in the Zoom event, click the link or call 1-929-205-6099 and provide the Meeting ID 981 2234 8711 and passcode 250373. Contact: Veronica Barron yafs@fmcquaker.org

	DATE	EVENT
Wed	30	8:30am Wednesday Morning Meeting for Worship. Please see Open Zoom info above. Contact: Jonathan Vogel-Borne midweek@fmcquaker.org
		12:00pm Possible Zoom Tech Hosting Group (if needed). Please see Open Zoom info above. Contact: Izzi Everwoods zoomtech@fmcquaker.org
		4:00pm Craft Afternoon. The weekly Craft Afternoon has become more of a place to do crafts with other people than a time to teach crafts. But, if you have questions about projects, we will try to help! Led by Greg Woods and Beth Fuller. All are welcome! Please see Open Zoom info above. Contact: Greg Woods youthministries@fmcquaker.org
Thu	1	5:00pm FEMS - Tech Support for all Participants. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Contact: Polly Attwood forj@fmcquaker.org
		6:30pm Stone of Hope Drumming Circle. This group meets almost every Thursday in Lower Longfellow Park, weather permitting. Drums are available to borrow but bring your own if you have one. Also bring a mask and chair. If you wish to receive updates with the latest plans for a given week, please send an email to stone-of-hope@fmcquaker.org to be added to the email list. Toussaint Liberator leads this weekly program focused on learning to play rhythms on the djembe drums and discussing racial relations in today's United States culture. Everyone welcome. Donations gratefully accepted. Contact: Minga Claggett-Borne / Daniel Fitzmartin stone-of-hope@fmcquaker.org
		6:30pm FEMS - Opening Ceremonies and Keynote Followed by a Haunted Open Mic for All. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Contact: Polly Attwood forj@fmcquaker.org
Fri	2	9:30am Laughter Yoga. For more details see 9/25 at 9:30am. Please see Open Zoom info above. Contact: Amy Tighe laughter@fmcquaker.org
		12:00pm FEMS - Lunch Gathering (Optional). Click here to see the full schedule and links for the FEMS Poetry Festival events. Contact: Polly Attwood forj@fmcquaker.org
		1:30pm Guided Meditation for Relaxation. For more details see 9/25 at 1:30pm. Please see Open Zoom info above. Contact: Jan Nisenbaum meditation@fmcquaker.org
		6:00pm FEMS - Workshop 1: Solitude & Ourselves: poetry for lonely times. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Click here to see details about each of the festival workshops. Contact: Polly Attwood forj@fmcquaker.org
		6:00pm FEMS - Workshop 2: Mapping the Heartbeat. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Click here to see details about each of the festival workshops. Contact: Polly Attwood forj@fmcquaker.org
	7:30pm FEMS - Resilient & Transforming: A Panel of Healers on Surviving this Moment. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Contact: Polly Attwood forj@fmcquaker.org	
Sat	3	12:00pm FEMS -Workshop 1: Poetry Through Meditation for Radical Healing. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Click here to see details about each of the festival workshops. Contact: Polly Attwood forj@fmcquaker.org
		12:00pm FEMS - Workshop 2: Using Music To Elevate Your Poetry. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Click here to see details about each of the festival workshops. Contact: Polly Attwood forj@fmcquaker.org

DATE		EVENT	
Sat	3	2:00pm	FEMS - Workshop 1: The Short Script as a Form Poem. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Click here to see details about each of the festival workshops. Contact: Polly Attwood forj@fmcquaker.org
		2:00pm	FEMS - Workshop 2: what's a body? Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Click here to see details about each of the festival workshops. Contact: Polly Attwood forj@fmcquaker.org
		4:00pm	FEMS - Queer Poets Open Mic. Join us for an LGBTQIA open mic – All welcome!! Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Contact: Polly Attwood forj@fmcquaker.org
		5:00pm	FEMS - BIPOC Poets Open Mic. Join us for a Black, Indigenous, People of Color open mic – All welcome! Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Contact: Polly Attwood forj@fmcquaker.org
		7:00pm	FEMS - Community Gathering-- Show Me Your Boufit! Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Contact: Polly Attwood forj@fmcquaker.org
Sun	4	9:30am	Forum. "Change the Story, Change the World" with Cornelia Parkes and the New Story Group. Please see Open Zoom info above. Contact: Patricia Wild forum@fmcquaker.org
		10:30am	Sunday Morning Meeting for Worship. Please see Open Zoom info above. Contact: Michael Shanahan careofworship@fmcquaker.org
		11:45am	Afterthoughts. For more details, see 9/27 at 11:45am. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 873 2175 9327 and password 537370. Contact: Betsy Roper afterthoughts@fmcquaker.org
		11:45am	Friendly Fellowship. For more details, see 9/27 at 11:45am. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 875 0263 1484 and passcode 504098. Contact: Caren Seagraves fellowship@fmcquaker.org
		12:00pm	FEMS - Future of FEMS. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Contact: Polly Attwood forj@fmcquaker.org
		12:00pm	FEMS - Facilitated Co-Work/Edit Space. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Contact: Polly Attwood forj@fmcquaker.org
		12:30pm	Intergenerational (Family) Meeting for Worship. Join us as we try another 45-minute virtual worship experiment for kids and adults of all ages on World Quaker Day. We'll sing, hear a story, have a fun activity and settle into a short period of waiting worship. Please bring a delicious snack to eat (or your whole lunch)! Please see Open Zoom info above. Contact: Kim West family-worship@fmcquaker.org
		2:00pm	FEMS - Workshop 1: abolition now! poems to freedom dream & #FreeThemAll. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Click here to see details about each of the festival workshops. Contact: Polly Attwood forj@fmcquaker.org
2:00pm	FEMS - Workshop 2: Making Room for Pleasure in the Body. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Click here to see details about each of the festival workshops. Contact: Polly Attwood forj@fmcquaker.org		

	DATE		EVENT
Sun	4	4:00pm	FEMS - Workshop 1: Channeling Quiet Ferocity. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Click here to see details about each of the festival workshops. Contact: Polly Attwood forj@fmcquaker.org
		4:00pm	FEMS - Workshop 2: In the Beginning: (Re)Writing Our Creation Myths. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Click here to see details about each of the festival workshops. Contact: Polly Attwood forj@fmcquaker.org
		5:00pm	Sunday Evening Meeting for Worship. Please see Open Zoom info above. Contact: Jessie Brown pmcareofworship@fmcquaker.org
Mon	5	6:30pm	FEMS - Finals Features and Showcase. Click here to see the full schedule and links for all the FEMS Poetry Festival events as well as registration info. Contact: Polly Attwood forj@fmcquaker.org
		1:30pm	Guided Meditation for Relaxation. For more details, see 9/25 at 1:30pm. Please see Open Zoom info above. Contact: Jessica Ronalds meditation@fmcquaker.org
		7:00pm	Cambridge Quaker Earthcare Witness. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 837 2084 1282 and passcode 429328. Contact: Gwen Noyes earthcare@fmcquaker.org
Tue	6	7:00pm	Poems We Love. Sharing aloud can be a balm. Miranda Henne and some of our other young adult friends invite you to a poetry circle. Think about poems that inspire you. Bring something to share, or just listen. Please send an email to poetryhour@fmcquaker.org to be added to the email list. Please see Open Zoom info above. Contact: Miranda Henne poetryhour@fmcquaker.org
		5:30pm	Clerks Team. Visitors are welcome to attend a Clerks Team meeting but must make prior arrangements. Also, please email the Clerks Team with any questions or ideas you might want to raise. Contact: Clerks Team clerks@fmcquaker.org
Wed	7	7:00pm	Ministry & Counsel Committee (M&C). Email contact person for meeting information. Contact: Gail Rogers ministry@fmcquaker.org
		8:30am	Wednesday Morning Meeting for Worship. Please see Open Zoom info above. Contact: Jonathan Vogel-Borne midweek@fmcquaker.org
Thu	8	12:00pm	Zoom Tech Hosting Group. Please see Open Zoom info above. Contact: Izzi Everwoods zoomtech@fmcquaker.org
		4:00pm	Craft Afternoon. For more details, see 9/30 at 4:00pm. Please see Open Zoom info above. Contact: Greg Woods fds@fmcquaker.org
		6:30pm	Stone of Hope Drumming Circle. For more details, see 10/1 at 6:30pm. If you wish to receive updates with the latest plans for a given week, please send an email to stone-of-hope@fmcquaker.org to be added to the email list. Contact: Minga Claggett-Borne / Daniel Fitzmartin stone-of-hope@fmcquaker.org
Fri	9	7:00pm	Pastoral Care Team. Email contact person for meeting information. Contact: Jan Nisenbaum pastoralcare@fmcquaker.org
		9:30am	Laughter Yoga. For more details see 9/25 at 9:30am. Please see Open Zoom info above. Contact: Amy Tighe laughter@fmcquaker.org
		1:30pm	Guided Meditation for Relaxation. Guided Meditation for Relaxation. See 9/25 at 1:30pm for more details. Please see Open Zoom info above. Contact: Jan Nisenbaum meditation@fmcquaker.org

DATE		EVENT
Sat	10	6:00pm Science Fiction & Fantasy Read Aloud Book Group. Join us as we gather to read aloud science fiction and fantasy short stories and discuss. Come with your stories or just come to listen. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 335 209 895 and passcode 398431. Contacts: Jonathan Gilbert / Betsy Roper scifantasy@fmcquaker.org
Sun	11	9:30am Forum . Please see Open Zoom info above. Contact: Patricia Wild forum@fmcquaker.org
		9:30am Preschool First Day School . To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 838 2538 6231 and passcode 217962. Contact: Greg Woods youthministries@fmcquaker.org
		10:30am Sunday Morning Meeting for Worship . Please see Open Zoom info above. Contact: Wendy Sanford careofworship@fmcquaker.org
		11:45am Afterthoughts . For more details, see 9/27 at 11:45am. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 873 2175 9327 and password 537370. Contact: Elise Springuel afterthoughts@fmcquaker.org
		11:45am Friendly Fellowship . For more details, see 9/27 at 11:45am. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 875 0263 1484 and passcode 504098. Contact: Holly Lapp fellowship@fmcquaker.org
		1:15pm Meeting for Business in Worship . Please see Open Zoom info above. Contact: Clerks Team clerks@fmcquaker.org
		5:00pm Sunday Evening Meeting for Worship . Please see Open Zoom info above. Contact: Gail Rogers pmcareofworship@fmcquaker.org
Mon	12	1:30pm Guided Meditation for Relaxation . For more details, see 9/25 at 1:30pm. Please see Open Zoom info above. Contact: Jessica Ronalds meditation@fmcquaker.org
		4:00pm Ad Hoc Adult Spiritual Education Working Group . Email contact person for meeting information. Contact: Liz Moore adulthood@fmcquaker.org
		6:00pm Adoración Compartida en Español . For more details, see 9/28 at 6:00pm. The document that will be discussed is available here . To participate in the Zoom event, click this link or call 1-646-558-8656 and provide the Meeting ID 446 927 038 and password 516251. Contact: Yaniré Zamora-Rodríguez adoracion@fmcquaker.org
		7:00pm LGBTQ+ Working Group . Our group holds space and discerns with care LGBTQ+ concerns within the FMC community. We are an alliance group open to members, attenders, and newcomers. Hope to see you there! Email contact person for meeting information. Contact: Betsy Roper lgbtq@fmcquaker.org

ANNOUNCEMENTS

From the Fundraising Committee

Your financial support is vital to the work and life of Friends Meeting at Cambridge. In this time of uncertainty and disconnection, FMC is striving to provide channels for interaction to enrich the lives of our community members. Please consider making a contribution to FMC via one of the methods listed on [our webpage](#).

ANNOUNCEMENTS

Share An Activity You Love on Video With First Day School Families

The First Day School Curriculum Subcommittee and I are rethinking how we are doing First Day School this fall. One of the ideas for engaging families is through asynchronous videos of activities they could do as a family on their own time.

We want to invite the larger FMC community to think about creating a video showing something you like doing, like an art activity, music, educational tour around your neighborhood, or cooking. Also if you don't want to videotape yourself or do not have the capabilities, what about showing something through a series of photos? I am happy to help think through ideas. If you want to be a part of this experiment or have questions, please let me know!

Greg Woods, Youth Ministries and Education Coordinator
youthministries@fmcquaker.org or 413-251-6512

World Quaker Day--Sunday, October 4

World Quaker Day in 2020 will take place on Sunday, October 4th. This year's theme is 'What does it mean to be a Quaker today? Living a Faithful Life in a Changing World'. This annual project is sponsored by Friends World Committee for Consultation (FWCC). Learn more [here](#). Learn more about how many Quakers there are in the world and where they are by clicking [here](#).

FMC's Intergenerational (Family) Meeting for Worship at 12:30 pm on 10/4 will explore this theme with semi-programmed worship.

Zoom Information**Requesting a Zoom Meeting from an FMC Account**

Individuals planning an event that will be using one of FMC's Zoom accounts should submit their request as early as possible to zoom@fmcquaker.org. Please identify the title, event starting and ending times, the requested reservation starting and ending times as well as host of the meeting and their email. An estimate of the number of participants and whether you want the Zoom link included in the Announcement Sheet and on the FMC website would also be helpful. Also, please include the text for any announcement you would like to be included on the Announcement Sheet and website. Meeting hosts are responsible for notifying the members of their groups of the Zoom link for their meeting (except for the meeting-wide meetings included in the Announcement Sheet).

Notifying FMC of Zoom Meeting links

Some individuals choose to set up their FMC meetings using their own Zoom accounts. They are expected to notify their groups of the Zoom links, but we are hoping they will also notify the Meeting of the Zoom links by sending that information to zoom@fmcquaker.org. This would make the information more available if people are unable to find the meeting and provide information about the Meeting's need for Zoom meetings. The information would not be included in the Announcement Sheet unless requested.

Zoom Resources

Basic instructions on setting up Zoom are available at [Getting Started](#).

Requests for help in setting up Zoom or accessing a Zoom meeting should be made by emails to zoomhelp@fmcquaker.org, and someone will try to help.

ANNOUNCEMENTS

FEMS Virtual Poetry Festival
Thursday, October 1 through Sunday, October 4
Orientation for FEMS/FMC Volunteers Sunday, September 27 from 5:00 – 6:30 pm

In the words of FEMS organizers, "FEMS 2020 is Resilient & Transforming! The year 2020 doesn't need competition but it does need community."

What is FEMS? The [Feminine Empowerment Movement Slam](#) is a creative space for all ages interested in spending four days writing and being in a community that celebrates femininity and centers marginalized artists. Click above name for more information.

FEMS & FMC: Since 2017, FMC has welcomed FEMS as part of the wider FMC community to hold its annual poetry slam tournament at 5 Longfellow Park. This year it will be a virtual festival to build and sustain community. FEMS embraces FMC as a faith community where they feel respected and supported during their annual gathering. Through this deepening collaboration, FEMS and FMC have deepened and expressed a shared commitment to creating an inclusive beloved community.

Click [here](#) for registration information, the full schedule of events and a detailed description of each of the festival workshops.

FMC volunteers are needed for the FEMS POETRY FESTIVAL, especially at the main evening events, Thursday, October 1 through Sunday, October 4. As a volunteer, your main role will be to represent the FMC community and be a F/friendly presence for FEMS and all gathered for the festival. As Quakers, we call this "having care", being a "spiritual host" (in Zoom spaces) or, holding a group in prayer, or even eldering support. In order to respect that not all in the FEMS community is at ease with this language (due to negative experiences in various religious/spiritual spaces), we are calling this being a Friendly Presence and "having care" for those gathered at the event. Some attending from the FEMS community might have questions about Quakers, and , and Quaker practices, so you might be engaged in that way, too.

Email forj@fmcquaker.org with questions or to volunteer. Volunteers are also welcome to just show up at the FEMS Volunteer Orientation on Sunday, September 27 from 5:00pm – 6:30pm.

Thank you from the Friends for Racial Justice Committee.

Louise and Severyn Bruyn's Art Exhibit Now Available Virtually

Severyn and Louise's wonderful art exhibit went up in the Friends Room shortly before FMC closed its doors due to the pandemic. Thanks to the efforts of Sara Sue Pennell, Alasdair Post-Quinn and Jonathan Vogel-Borne, all the images in that show are available [here](#) on the FMC website. Biographies of both artists are included. If you click on a particular image, you can learn the artist and title and can begin a slide show where you can view each of the images individually by pressing the right arrow key.

SAVE THE DATE

Women's Virtual Silent Retreat—A Time for Reflection and Fellowship
Friday, October 16 and Saturday, October 17

Modeled on our weekend retreats in Hingham, this is a time of respite in our own homes. We come together for opening and closing circles, where we share what is on our hearts and what rose up for us during our time of quiet. There are three times of worship. In between we do our best to keep silence, enjoy reading, writing, walking, or other reflective activities, as possible. We try to avoid errands, cleaning, catching up on emails, the news. We do the best we can. The zoom channel stays open, so we can sit together as we read, write, eat or knit. See [schedule here](#). Registration is limited to fifteen. It is free. Contact: Sandy Sweetnam womens-retreat@fmcquaker.org

WIDER QUAKER WORLD

**National Workshop “How to Beat an Election-Related Power Grab” with George Lakey
Thursday, October 1 and Tuesday, October 6 at 7:30pm**

George Lakey, a longtime Quaker, social justice activist, teacher/trainer in non-violent direct action is leading this two-session training around preparing to resist a Trump power grab/coup if he loses election in November. The training will be on zoom. See details here: <https://choosedemocracy.us/>

Click [here](#) to sign up for the training sessions. Space is limited. The September workshops filled up quickly.

Here are links to two thoughtful articles by George:

[Mass Direct Action Might Be the Only Way to Stop Trump from Stealing the Election](#)

[We Need to Prevent a Trump Takeover](#)

**Beacon Hill Friends House Midweek Experiments in Faithfulness Program Continues
Wednesdays from 7:30pm – 8:30pm**

September 23 Jeffrey Edenberg | Tashlikh: A Reflection

September 30 Sadelle Wiltshire | Labyrinth Walks in Pen and Ink - A Guided Interactive

October 7 Evelyn Jadin | Listening to Images - The Spiritual Practice of Visio Divina

October 14 Dr. Corwynn Beals | Guided Tour through Hell -Finding Missing Archetypes in Your Deepest Shadows

October 21 Cai Quirk | Myths of Gender

[Click this link](#) to find out more about each experiment, listen to recordings of past experiments, and register for individual events on Zoom.

**Quaker Worship Lab Inaugural Event
Trying Something New at the Intersection of Worship and Technology
Friday, October 23 7:30-9:00 pm**

Yearning for a space to experiment with different ways to hold Quaker worship online? Meetings want and need to do something simple, stable, and predictable. And yet, some Friends yearn to explore what's out just beyond that.

Quaker Worship Lab is for people looking to experiment with new ways Friends can worship online. We hope to build a community of people who are interested in the intersection of worship and technology as we enter into the second six months of pandemic and look toward the second year.

Each gathering will have a different order of service (semi-programmed worship), designed and led by someone who's interested in trying something new that is at the intersection of worship and technology. After worship there will be fellowship, focusing on what the worship was like, and also bringing together stories of what is going on in our meetings with online worship.

[Register](#) in advance for this event.
For more information, email [David Coletta](mailto:David.Coletta@fmcquaker.org)

Reminders

To see the up-to-date calendar of FMC events with full descriptions go to our website fmcquaker.org

The deadline for the next bi-weekly Announcement Sheet is **Monday, October 5**, at 11:59 pm covering events taking place between Friday, October 9, and Monday, October 26. Please send your announcement in an email to publications@fmcquaker.org.

PERSONAL NEWS AND VIEWS



Marian Shapiro Reflects on the Experiment of Life, Quaker Worship, and Poetry and Publishes A New Book of Experimental Poems

Marian writes: Life seems to me to be a Great Experiment, one in which the result is often the surprise I never expected, but always the surprise I needed. Finding the Quaker path, after attending a small NC meeting with my daughter-in-law in 1998, was such a surprise, and every Meeting thereafter

another one. Like dreams, my inner life announces itself unbidden, sometimes in spoken messages, sometimes in poems. They arrive, like Spirit, during Meeting, between appointments, during walks, while driving....All my poems are experiments, the most recent in the visual mode; these are appearing in my next book, *At The Edge Of The Cliff* (Plain View Press), scheduled to debut in January 2021.

Hillel famously asked, "If not now, when?" At 81, I am definitely at WHEN! Actually, we are all at 'when,' when we realize it. That is my edge of the cliff. The view is truly great from here.

Click this link to see Marian's poem entitled [Witness](#).

Click this link to see Marian's poem [Unpaused](#).

Friends Meeting at Cambridge

5 Longfellow Park
Cambridge, MA 02138-4816
office@fmcquaker.org
617-876-6883
www.fmcquaker.org

Presiding Co-Clerks:

Deborah Colgan
Ariel Maddocks
Jan Nisenbaum
Richard Ristow

Asst. Clerk: Jonathan Vogel-Borne

Recording Clerk: David L. Myers

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