



Announcements

Friends Meeting at Cambridge

Covering the period of Friday, October 9 through Monday, October 29

NEW LINK for FMC Open Zoom Meetings

[Click this link](#)

If you use an out-of-date link after August 14, you will have to enter passcode 1652.

To participate by phone, call 1-646-558-8656 and provide the Meeting ID 783 475 1861. No passcode is required.

To bookmark access to Open Zoom meetings, copy this link:

<https://us02web.zoom.us/j/7834751861?pwd=Y3VLWGREVjN5OERycGZOdjIwZWUvdz09>

To find an open time for an impromptu gathering consult the Open Zoom calendar at

<https://fmcquaker.org/community-wide-zoom-link-schedule/>

	DATE		EVENT
Fri	9	9:30am	Laughter Yoga. We laugh for no reason at all! Laughter yoga shows us how to stay grounded and to relax and how to keep a positive frame of mind. Come and learn something new with certified Laughter Yoga coach Amy Tighe. Please see Open Zoom info above. Contact: Amy Tighe laughter@fmcquaker.org
		1:30pm	Guided Meditation for Relaxation with Jessica Ronalds, a volunteer on the Pastoral Care Team. These online sessions will take place on Mondays and Fridays from 1:30-2:30 pm. We will have the opportunity for brief check-ins, share in a guided meditation followed by a time of sharing. Please see Open Zoom info above. Contact: Jan Nisenbaum meditation@fmcquaker.org
Sat	10	6:00pm	Science Fiction & Fantasy Read Aloud Book Group. Join us as we gather to read aloud science fiction and fantasy short stories and discuss. Come with your stories or just come to listen. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 335 209 895 and passcode 398431. Contacts: Jonathan Gilbert / Betsy Roper scifantasy@fmcquaker.org
Sun	11	9:30am	Forum. "Coming out Stories (LGBTQ+): What does it mean to tell your Truth? How do we listen? What if every day were Coming Out Day?" with Lilia Mundelius. Please see Open Zoom info above. Contact: Patricia Wild forum@fmcquaker.org
		9:30am	Preschool First Day School. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 838 2538 6231 and passcode 217962. Contact: Greg Woods youthministries@fmcquaker.org
		10:30am	Sunday Morning Meeting for Worship. Please see Open Zoom info above. Contact: Wendy Sanford careofworship@fmcquaker.org
		11:45am	Afterthoughts. This is a gathering following Meeting for Worship which offers the opportunity for anyone to ask questions or discuss their experiences in Meeting for Worship. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 873 2175 9327 and password 537370. Contact: Elise Springuel afterthoughts@fmcquaker.org

DATE		EVENT
Sun	11	11:45am Friendly Fellowship. Join us for a time of virtual informal fellowship with Friends. Depending on the size of the group, we will meet as a whole group or break out into groups. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 875 0263 1484 and passcode 504098. Contact: Holly Lapp fellowship@fmcquaker.org
		1:15pm Meeting for Business in Worship. Please see Open Zoom info above. Contact: Clerks Team clerks@fmcquaker.org
		5:00pm Sunday Evening Meeting for Worship. Please see Open Zoom info above. Contact: Jessie Brown pmcareofworship@fmcquaker.org
Mon	12	10:00am FMC Office closed due to holiday.
		1:30pm Guided Meditation for Relaxation. For more details, see 10/9 at 1:30pm. Please see Open Zoom info above. Contact: Jessica Ronalds meditation@fmcquaker.org
		4:00pm Ad Hoc Adult Spiritual Education Working Group. Email contact person for meeting information. Contact: Liz Moore adulded@fmcquaker.org
		6:00pm Adoración Compartida en Español. Please join us virtually for this opportunity to worship share with Friends all over the world and to practice Spanish on 2nd and 4th Mondays. People with a basic understanding of the Spanish language will get the most out of this. The document that will be discussed is available here . To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 446 927 038 and password 516251. Contact: Yaniré Zamora-Rodríguez adoración@fmcquaker.org
	7:00pm LGBTQ+ Working Group. Our group holds space and discerns with care LGBTQ+ concerns within the FMC community. We are an alliance group open to members, attenders, and newcomers. Hope to see you there! Email contact person for meeting information. Contact: Betsy Roper / Chaz Kelsh lgbtq@fmcquaker.org	
Tue	13	7:00pm Trustees Committee. Email contact person for meeting information. Contact: David White trustees@fmcquaker.org
Wed	14	8:30am Wednesday Morning Meeting for Worship. Please see Open Zoom info above. Contact: Jonathan Vogel-Borne midweek@fmcquaker.org
		12:00pm Possible Zoom Tech Meeting (if needed). Please see Open Zoom info above. Contact: Izzi Everwoods zoomtech@fmcquaker.org
		4:00pm Craft Afternoon. The weekly Craft Afternoon has become more of a place to do crafts with other people than a time to teach crafts. But, if you have questions about projects, we will try to help! Led by Greg Woods and Beth Fuller. All are welcome! Please see Open Zoom info above. Contact: Greg Woods youthministries@fmcquaker.org
		5:00pm Ad Hoc Technology Working Group. Email contact person for meeting information. Contact: Liz Moore adhotech@fmcquaker.org
		6:30pm Friends for Racial Justice Committee (FORJ). Email contact person for meeting information. Contact: Polly Attwood forj@fmcquaker.org
	7:00pm Artists and Writers. This group gathers monthly for mutual support in our respective artistic endeavors. We share, discuss, and respond to each other's work, and often touch on ways that creative work draws us deeper into the experience of life. Email contact person for meeting information. Contact: George Campbell artists@fmcquaker.org	
Thu	15	5:30pm Clerks Team. Visitors are welcome to attend a Clerks Team meeting but must make prior arrangements. Also, please email the Clerks Team with any questions or ideas you might want to raise. Contact: Clerks Team clerks@fmcquaker.org

	DATE	EVENT
Thu	15	6:30pm Stone of Hope Drumming Circle. The Drumming Circle hopes to move indoors to the unheated Meetinghouse soon. When it does, signups will be required due to COVID-19 capacity restrictions. If you wish to receive updates with the latest plans for a given week, please send an email to stone-of-hope@fmcquaker.org to be added to the email list and get details about signing up to attend. Drums are available to borrow but bring your own if you have one. Toussaint Liberator leads this weekly program focused on learning to play rhythms on the djembe drums and discussing racial relations in today's United States culture. Everyone welcome. Donations gratefully accepted. Contact: Minga Claggett-Borne / Daniel Fitzmartin stone-of-hope@fmcquaker.org
		7:00pm Marriage, Family & Relationships Committee. Email contact person for meeting information. Contact: Patti Muldoon mfr@fmcquaker.org
Fri	16	9:30am Laughter Yoga. For more details, see 10/9 at 9:30am. Please see Open Zoom info above. Contact: Amy Tighe laughter@fmcquaker.org
		1:30pm Guided Meditation for Relaxation. For more details, see 10/9 at 1:30pm. Please see Open Zoom info above. Contact: Jan Nisenbaum meditation@fmcquaker.org
		7:00pm Women's Silent Retreat. For those attending the Women's Silent retreat this fall, there is an optional time to eat dinner together beginning at 5:30pm. The Opening Circle will begin at 7:00pm. Email contact person for meeting information. Contact: Sandy Sweetnam womens-retreat@fmcquaker.org
Sat	17	12:00am Women's Silent Retreat. Email contact person for meeting information. Contact: Sandy Sweetnam womens-retreat@fmcquaker.org
Sun	18	9:30am Forum. "How Do We Make Sure Kids get a Fair Shake?" with Dov/David Arond. Please see Open Zoom info above. Contact: Patricia Wild forum@fmcquaker.org
		9:30am Elementary School First Day School. This class is geared to elementary school students, but all are invited to attend. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 838 2538 6231 and passcode 217962. Contact: Greg Woods youthministries@fmcquaker.org
		10:30am Sunday Morning Meeting for Worship. Please see Open Zoom info above. Contact: Cynthia Knowles careofworship@fmcquaker.org
		10:45am Meeting for Worship at Raytheon. We have resumed our third Sunday Meetings for Worship outside Raytheon with pandemic safety protocols. We will conduct our Meeting for Worship in front of one of the many Raytheon offices and laboratories in the Boston area. We stress that this is not a demonstration or protest, and we are not politicizing our spirituality but rather bringing our Light to a barbaric assault on human dignity and life. Raytheon ("Light of the Gods") is the nation's and the world's fourth largest defense contractor, and the leading manufacturer of guided missiles and is developing a new nuclear weapon. The facility on Concord Avenue is one of their premier research and development sites. We will gather in front of Raytheon on Concord Avenue, Cambridge (intersection at 10 Moulton Street). Parking can be found on Moulton Street, on the next block. Contact: John Bach bolder@fmcquaker.org

You are asked to follow these protocols:

You must bring your own chair; you must wear a mask (even though we are outdoors). There will be chalk marks added to the sidewalk (spaced 6 feet apart) to indicate where chairs should be placed. All chairs will be in a single line facing the street. There will be no closing circle after Meeting for Worship. There will be no carpools to/from FMC. Names will be collected so that if anyone gets sick, all attendees can be contacted.

DATE		EVENT
Sun	18	11:45am Afterthoughts. For more details, see 10/11 at 11:45am. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 873 2175 9327 and password 537370. Contact: Betsy Roper afterthoughts@fmcquaker.org
		11:45am Friendly Fellowship. For more details, see 10/11 at 11:45am. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 875 0263 1484 and passcode 504098. Contact: Holly Lapp fellowship@fmcquaker.org
		5:00pm Sunday Evening Meeting for Worship. Please see Open Zoom info above. Contact: Kim West pmcareofworship@fmcquaker.org
Mon	19	1:30pm Guided Meditation for Relaxation. For more details, see 10/9 at 1:30pm. Please see Open Zoom info above. Contact: Jessica Ronalds meditation@fmcquaker.org
		4:00pm Prayer Circle. We welcome anyone who needs prayers or who is moved to pray for others. To submit a prayer request or prayer/praise update at any time during the month, send an email to the regular Prayer Circle members at prayers@fmcquaker.org . To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 885 7977 8713 and passcode 351349. Contact: Cornelia Parkes prayers@fmcquaker.org
		7:00pm Personnel Committee. Email contact person for meeting information. Contact: Jan Nisenbaum personnel@fmcquaker.org
Tue	20	3:30pm First Day School/Youth Programs Committee (FDS/YP). To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 884 3912 2588 and passcode 160478. Contact: Kim West fds@fmcquaker.org
		5:00pm White Privilege Reading Group. After a year and a half of reading and sharing together, we are going to spend this session reflecting on what we have read, how it has changed us, and where we are going. Many Friends have been delving into white privilege and anti-racism learning. There are so many resources beyond what our group has covered. See the announcement on page 7 for some queries we will consider and a list of all the books we have read. We invite any of you to join in a conversation on the 20th. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 835 9038 1141 and passcode 814549. Contact: Cynthia Knowles white-privilege@fmcquaker.org
		7:00pm Ministry & Counsel Committee (M&C). Email contact person for meeting information. Contact: Gail Rogers ministry@fmcquaker.org
Wed	21	8:30am Wednesday Morning Meeting for Worship. Please see Open Zoom info above. Contact: Jonathan Vogel-Borne midweek@fmcquaker.org
		12:00pm Zoom Tech Hosting Group. Please see Open Zoom info above. Contact: Izzi Everwoods zoomtech@fmcquaker.org
		3:00pm Membership Committee. Email contact person for meeting information. Contact: Daniel Fitzmartin membership@fmcquaker.org
		4:00pm Craft Afternoon. For more details, see 10/14 at 4:00pm. Please see Open Zoom info above. Contact: Greg Woods fds@fmcquaker.org
		7:00pm Nominating Committee. Email contact person for meeting information. Contact: Lili Schwan-Rosenwald nominating@fmcquaker.org
	7:00pm Fundraising Committee. Email contact person for meeting information. Contact: Tom Sander fundraising@fmcquaker.org	

DATE		EVENT
Thu	22	6:30pm Stone of Hope Drumming Circle. For more details, see 10/15 at 6:30pm. If you wish to receive updates with the latest plans for a given week, please send an email to stone-of-hope@fmcquaker.org to be added to the email list and get details about signing up to attend. Contact: Minga Claggett-Borne / Daniel Fitzmartin stone-of-hope@fmcquaker.org
Fri	23	9:30am Laughter Yoga. For more details, see 10/9 at 9:30am. Please see Open Zoom info above. Contact: Amy Tighe laughter@fmcquaker.org
		1:30pm Guided Meditation for Relaxation. For more details, see 10/9 at 1:30pm. Please see Open Zoom info above. Contact: Jan Nisenbaum meditation@fmcquaker.org
Sat	24	6:00pm Science Fiction & Fantasy Read Aloud Book Group. Join us as we gather to read aloud science fiction and fantasy short stories and discuss. Come with your stories or just come to listen. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 335 209 895 and passcode 398431. Contacts: Jonathan Gilbert / Betsy Roper scififantasy@fmcquaker.org
Sun	25	9:00am Faith & Godly Play/Godly Play Story Time for All. Join us for the Faith & Play story "Gifts". On the Fourth Sundays of month we are trying something new. We will have an all-ages gathering at 9:00 am with a pre-recorded Faith & Play or Godly Play story. Faith & Play tells Quaker stories while Godly Play tell Parables and New Testament stories in ways to help people of all ages wonder. We will keep these sessions to 30 minutes so people can go to Forum if they like. This will be an All Ages time to hear a story and reflect as a community. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 838 2538 6231 and passcode 217962. Contact: Greg Woods youthministries@fmcquaker.org
		9:30am Forum. "Your place in the family of things:" Break-out groups will explore how we find that sweet spot between what you are called to do to heal this broken world—and what you are able to do. Please see Open Zoom info above. Contact: Patricia Wild forum@fmcquaker.org
		10:30am Sunday Morning Meeting for Worship. Please see Open Zoom info above. Contact: Michael Shanahan careofworship@fmcquaker.org
		11:45am Afterthoughts. For more details, see 10/11 at 11:45am. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 873 2175 9327 and password 537370. Contact: Patricia Wild afterthoughts@fmcquaker.org
		11:45am Friendly Fellowship. For more details, see 10/11 at 11:45am. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 875 0263 1484 and passcode 504098. Contact: Holly Lapp fellowship@fmcquaker.org
		5:00pm Sunday Evening Meeting for Worship. Please see Open Zoom info above. Contact: Jessie Brown pmcareofworship@fmcquaker.org
		7:30pm Young Adult Friends Supper & Discussion. Monthly virtual time for Young Adult Friends (YAF) (18-35ish) to gather for fellowship. Bring your supper to enjoy on the Zoom call. Email yafs@fmcquaker.org if you want to be added to the YAF Google Group and get more info about YAF group activities. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 885 2977 8644 and passcode 627651. Contact: yafs@fmcquaker.org
Mon	26	1:30pm Guided Meditation for Relaxation. For more details, see 10/9 at 1:30pm. Please see Open Zoom info above. Contact: Jessica Ronalds meditation@fmcquaker.org
		3:00pm Office Operations Committee. Email contact person for meeting information. Contact: Rick Talkov office-ops@fmcquaker.org

DATE		EVENT
Mon	26	<p>6:00pm Adoración Compartida en Español. Please join us virtually for this opportunity to worship share with Friends all over the world and to practice Spanish on 2nd and 4th Mondays. People with a basic understanding of the Spanish language will get the most out of this. The document that will be discussed is available here. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 446 927 038 and password 516251. Contact: Yaniré Zamora-Rodríguez adoracion@fmcquaker.org</p> <p>7:00pm New Story Group. Join us at 6:30pm for check-ins and reports with the main meeting starting at 7:00pm. To participate in the Zoom event, click the link or call 1-646-558-8656 and provide the Meeting ID 875 6881 1869 and passcode 101225. Contact: Cornelia Parkes new-story@fmcquaker.org</p>

ANNOUNCEMENTS

From the Fundraising Committee

Your financial support is vital to the work and life of Friends Meeting at Cambridge. In this time of uncertainty and disconnection, FMC is striving to provide channels for interaction to enrich the lives of our community members. Please consider making a contribution to FMC via one of the methods listed on [our webpage](#).

Share an Activity You Love on Video with First Day School Families The First Video Is Available Already on YouTube

The First Day School Curriculum Subcommittee and I are rethinking how we are doing First Day School this fall. One of the ideas for engaging families is through asynchronous videos of activities they could do as a family on their own time. The first video--made by Patty Conty, Beth Fuller and me--has been posted [here](#) on YouTube. It shares instructions about making an origami paper cup. With your help, we hope to feature many more activities and more Quaker content in the coming months.

We want to invite the larger FMC community to think about creating a video showing something you like doing, like an art activity, music, educational tour around your neighborhood, or cooking. Also, if you do not want to videotape yourself or do not have the capabilities, what about showing something through a series of photos? I am happy to help think through ideas.

If you want to be a part of this experiment or have questions, please let me know!

Greg Woods, Youth Ministries and Education Coordinator
youthministries@fmcquaker.org or 413-251-6512

Zoom Information Requesting a Zoom Meeting from an FMC Account

Individuals planning an event that will be using one of FMC's Zoom accounts should submit their request as early as possible to zoom@fmcquaker.org. Please identify the title, event starting and ending times, the requested reservation starting and ending times as well as host of the meeting and their email. An estimate of the number of participants and whether you want the Zoom link included in the Announcement Sheet and on the FMC website would also be helpful. Also, please include the text for any announcement you would like to be included on the Announcement Sheet and website. Meeting hosts are responsible for notifying the members of their groups of the Zoom link for their meeting (except for the meeting-wide meetings included in the Announcement Sheet).

Notifying FMC of Zoom Meeting links

Some individuals choose to set up their FMC meetings using their own Zoom accounts. They are expected to notify their groups of the Zoom links, but we are hoping they will also notify the Meeting of the Zoom links by sending that information to zoom@fmcquaker.org. This would make the information more available if people are unable to find the meeting and provide information about the Meeting's need for Zoom meetings. The information would not be included in the Announcement Sheet unless requested.

Zoom Resources

Basic instructions on setting up Zoom are available at [Getting Started](#).

Requests for help in setting up Zoom or accessing a Zoom meeting should be made by emails to zoomhelp@fmcquaker.org, and someone will try to help.

White Privilege Book Group Reflects on their Journey Thus Far and Considers Where They Want to Go Tuesday, October 20 5:00-6:30 pm

After a year and a half of reading and sharing together, we are going to reflect on what we have read, how it has changed us, and where we are going. Many Friends have been delving into white privilege and anti-racism learning. There are so many resources beyond what our group has covered. We invite any of you to join in a conversation on the 20th.

Some questions to consider:

How has this reading and learning impacted my life at Friends Meeting at Cambridge?
How has it changed my interactions in my day-to-day life?
Are there events or relationships that I handled differently because of what I learned?
What do I need to take a next step? What would that step be?

What we have read:

January 2019 *Friends Journal*, "Building White Racial Stamina" by Elizabeth A. Oppenheimer
Waking Up White: and Finding Myself in the Story of Race by Debby Irving
Say the Wrong Thing by Quaker Dr. Amanda Kemp
The Hate U Give by Angie Thomas (and a powerful movie!)
White Fragility by Robin DiAngelo
My Grandmother's Hands by Resmaa Menakem
So You Want to Talk About Race by Ijeoma Oluo
[The white flight of Derek Black](#) by [Eli Saslow](#), October 15, 2016
If You Walk on Eggshells: A White Woman Reflects on Race and Family by Wendy Sanford, with Mary Norman^[1]
Way Opens: A Spiritual Journey by Patricia Wild

For questions, contact Cynthia Knowles at white-privilege@fmcquaker.org

SAVE THE DATE

Imagining Faithful Structures Threshing Session
Saturday, October 31 from 10:00am – 12:00pm

The Imagining Faithful Structures Working Group invites you to this threshing session on Zoom. (Costumes optional.) This threshing session will be the first of a series of opportunities for the FMC community to participate in discussions, brain-storming, and small-group conversations as we together consider such queries as:

Do our structures reflect a broad, wide, inclusive, whole, and faithful FMC?

Please join us. We value your input.

WIDER QUAKER WORLD

Quaker Worship Lab Inaugural Event
Trying Something New at the Intersection of Worship and Technology
Friday, October 23 7:30-9:00 pm

Yearning for a space to experiment with different ways to hold Quaker worship online? Meetings want and need to do something simple, stable, and predictable. And yet, some Friends yearn to explore what is out just beyond that.

Quaker Worship Lab is for people looking to experiment with new ways Friends can worship online. We hope to build a community of people who are interested in the intersection of worship and technology as we enter the second six months of pandemic and look toward the second year.

Each gathering will have a different order of service (semi-programmed worship), designed and led by someone who is interested in trying something new that is at the intersection of worship and technology. After worship there will be fellowship, focusing on what the worship was like, and also bringing together stories of what is going on in our meetings with online worship.

[Register](#) in advance for this event.

For more information, email [David Coletta](#)

Beacon Hill Friends House Midweek Experiments in Faithfulness Program Continues
Wednesdays from 7:30pm – 8:30pm

October 14 Dr. Corwynn Beals | Guided Tour through Hell -Finding Missing Archetypes in Your Deepest Shadows

October 21 Cai Quirk | Myths of Gender

October 28 Bobby Trice, FCNL | Remembering the Roots of Quaker Advocacy

November 4 LJ Boswell | Seeking the Post-Election Light Through Creating a Personal Mandala

[Click this link](#) to find out more about each experiment, listen to recordings of past experiments, and register for individual events on Zoom.

National Workshop “How to Beat an Election-Related Power Grab” with George Lakey
Wednesday, October 21 or Tuesday, October 27 from 7:30-9:30 pm
Train-the Trainers Wednesday, October 17 or Tuesday, October 20 from 7:30-9:00 pm

George Lakey, a longtime Quaker, social justice activist, teacher/trainer in non-violent direct action is leading this two-session training around preparing to resist a Trump power grab/coup if he loses election in November. The training will be on zoom. See details here: <https://choosedemocracy.us/>

Click [here](#) to sign up for the training sessions. Space is limited. Earlier scheduled workshops filled up quickly.

Here are links to two thoughtful articles by George:

[Mass Direct Action Might Be the Only Way to Stop Trump from Stealing the Election](#)

[We Need to Prevent a Trump Takeover](#)

Quaker Preparation & Response to the Election Continues on Thursdays, October 13, 20 and 27 from 7:30-9:00 pm

Using “Hold the Line: A Guide to Defending Democracy” as a guide, Friends will gather weekly, via Zoom, for four weeks to prepare for the national election. We will be working to ensure widespread voter turnout, advocate for fair election practices, and be prepared to respond in the event that the election is not free, fair, respected, and safe.

We will be using Friends practices to ground and organize ourselves in this work. There are many roles Friends can play, making space for everyone to fully participate in ways that work best for them. These sessions will also be a chance for us to process and positively move with the feelings we have around the election and all that is happening in our nation right now.

Friends are encouraged to sign up with others from their home meeting and/or local community for this free event. [NOTE: Several people from FMC are participating.] People of other faith traditions and those who are not religious are also welcome to participate. Younger Friends who are not yet of voting age are also welcome to fully participate.

Friends are asked to commit to attending as many of the remaining sessions as possible (the first was on 10/6) as well as committing 1-5 hours of time between sessions to work in service of free, fair, respected, and safe elections.

Weekly Topics:

October 6: Getting Organized & Voter Turn-Out

October 13: Getting Grounded & Voting Early

October 20: Preparing for the Election Part 1: Quaker Responses & Action

October 27: Preparing for the Election Part 2: Training & Coordinating (Special Guest Jay O’Hara)

Click [here](#) to learn more and register. This event is sponsored by Beacon Hill Friends House and led by Lisa Graustein of Beacon Hill Friends Meeting.

If you have questions, please reach out to Jen Higgins-Newman, Beacon Hill Friends House Program Manager, at program@bhfh.org.

PERSONAL NEWS AND VIEWS



Gideon shares lunch and a conversation at FMC before the pandemic with Michael Shanahan, his QVS spiritual nurturer.

Gideon Nachman Reflects on his Journey to Quakers and FMC

Last July, I was asked to reflect on my Quaker Voluntary Service (QVS) fellowship as a member of the 2019-20 Boston cohort. While many things arose, what felt most natural and fitting to write about was my experience in the local meetinghouses, specifically at FMC. Click [here](#) to read my reflections. I was asked if I would feel comfortable sharing this piece with the broader FMC community and I gladly assented. As the QVS year ended and the fall began, I found myself in Cambridge, where I am now exploring graduate social work and clinical psychology programs, trimming my garden back for winter, and, of course, attending meetings on Zoom.

With peace and gratitude,
Gideon Nachman

To see the up-to-date calendar of FMC events with full descriptions go to our website fmcquaker.org

Reminders

The deadline for the next bi-weekly Announcement Sheet is Monday, October 19th at 11:59 pm covering events taking place between Friday, October 23rd and Monday, November 9th. Please send your announcement in an email to publications@fmcquaker.org.

Friends Meeting at Cambridge

5 Longfellow Park
Cambridge, MA 02138-4816
office@fmcquaker.org
617-876-6883
www.fmcquaker.org

Presiding Co-Clerks:

Deborah Colgan
Ariel Maddocks
Jan Nisenbaum
Richard Ristow

Asst. Clerk: Jonathan Vogel-Borne

Recording Clerk: David L. Myers

Asst. Recording Clerk: Polly Attwood
clerks@fmcquaker.org

Treasurer: Jane Jackson
treasurer@fmcquaker.org

Interim Coordinating Team:

Jan Nisenbaum, Staff Coordinator
Jonathan Vogel-Borne, Communications Coord.
Tom Sander, Finance Coordinator
Veronica Barron, Welcome Coordinator
ict@fmcquaker.org

Interim Facilities Manager: Kathleen Wooten
facilities@fmcquaker.org, 617-354-3383

Office Manager: Amy Mercure
office@fmcquaker.org, 617-876-6883

Youth Ministries & Education: Greg Woods
youthministries@fmcquaker.org
413-251-6512

To contact the Pastoral Care Team use: pastoralcare@fmcquaker.org

To publish an announcement use: publications@fmcquaker.org

To request weekly email announcements or to join the FMC community listserv use: office@fmcquaker.org



Remembering Fall in the Meeting House. *Photo by Katy Cullinan.*