



### ***Environment Awareness Meditation***

Do you consider both the ‘upstream and downstream’ impact of **everything** you purchase? Where it’s from? Who made it? under what conditions? How were the materials gathered? Are they scarce? Equitably/healthily harvested? And where will ‘this object’ go? Can it be recycled in a non-polluting way? Did you know....?

*“Look around you: chances are that every object within your field of vision contains refined petroleum.*

*The varnish on your desk, the paint on your walls, the finish on your floors. Unless the chair you are sitting on is made of untreated wood, then you are resting on synthetic materials derived from petrochemicals. Plastic is petroleum based: the components of your phone and computer, your printer and audio speakers. Take a sip of coffee and think about it. The glaze on our mugs comes from oil.”*

Quote from Michael Patrick F. Smith article in the February 5, 2021 issue of the New York Times newspaper.

This meditation is sponsored by the New Story Group—Environment Awareness Program. Contact: Gwen Noyes at [new-story@fmcquaker.org](mailto:new-story@fmcquaker.org)