

Resources – Pondering Prayer, Meditation and Meeting for Worship

Books and Pamphlets

Listening Spirituality, Volume 1, Personal Spiritual Practices Among Friends
by Patricia Loring

Surrendering into Silence: Quaker Prayer Cycles by David Johnson

The Oxford Handbook of Quaker Studies by Stephen W. Angell; Chapter 9. “Quakers in Theological Context”; Chapter 10. “God, Christ and the Light”; Chapter 16. “Leadings and Discernment”; Chapter 17. “Worship and Sacraments”.

Becoming an Ordinary Mystic: Spirituality for the Rest of Us by Albert Haase, OFM

The Power of Now: A Guide to Spiritual Enlightenment by Eckhart Tolle

A Quaker Prayer Life by David Johnson

Meditations on the Prayer of St. Francis by Anne Curo, Pendle Hill
Pamphlet 369

The Mindful Quaker: A Brief Introduction to Buddhist Wisdom for Friends by
Valerie Brown, Pendle Hill Pamphlet 386

Mind the Oneness – the Mystic Way of the Quakers by Rex Ambler, Pendle
Hill Pamphlet 463

Articles

“Pray Without Ceasing” by Chester Freeman, Friends Journal, March 1,
2024

https://www.friendsjournal.org/pray-without-ceasing/?utm_source=newsletter&utm_medium=email&utm_campaign=buton

Videos

“The Prayer Life of Quakers” from QuakerSpeak

<https://quakerspeak.com/video/the-prayer-life-of-quakers/#:~:text=Transcript%3A,movements%20of%20God%20within%20us.>

Quaker Silence from QuakerSpeak

<https://quakerspeak.com/video/quaker-silence/>

Other Online Resources

Quakers and Prayer

<https://www.renofriends.org/quakers-and-prayer/>

Experiment with Light Network

<https://www.quaker.org.uk/our-organisation/quaker-groups/experiment-with-light-network>