

FMC COMMUNITY RETREAT

Building Hope and Resilience

- WHEN?** 6pm March 28 – 1pm March 30, 2025
- WHERE?** Woolman Hill, Deerfield, MA
- WHO?** Everyone in our FMC Community
- WHAT?** Exploration, sharing, worship and Laughter



There will be intergenerational activities and a program for children.

Families are encouraged to come!

- Ministry and Counsel is sponsoring a community retreat starting at 6pm on Fri. March 28 at Woolman Hill in Deerfield, MA. The retreat will run through lunch on Sunday, March 30th, ending around 1pm.
- The location is roughly a two-hour drive from FMC. Ride-shares can be coordinated--just indicate your interest on the registration form and we will be in touch.
- The retreat offers a great opportunity for reflection, relaxation, and fellowship.
- What you can expect: Throughout the retreat we will explore in one-on-one, small & large group discussions topics that are related to the theme of Building Hope and Resilience. Topics include:

Exploring Darkness and Despair/Hope and Resilience

Exploring Quaker Historical Concepts of Hope/Resilience

How Do I Build My Own Resilience?

How Do I Seek the Light?

Finding Resilience in Community: Worship/Witness/Community--How Does Each Build Hope and Resilience?

\$200 per Adult for the weekend (lodging and 6 meals). Scholarships are available.

With gratitude to an anonymous Friend, children are free.

